

NEURO KEY

An Alliance supporting people
with neurological conditions

We ensure lived experience leads our work to improve biopsychosocial approaches, reduce the concentration on medicalised labels and offer new thinking to the management of long-term conditions and disability.

- 'Unlocking minds and opening doors' learning resources based on lived experiences and participants contributing learning outcomes; Dyslexia, ABI, Neurodevelopmental conditions, including the Iceberg Infographic, FASD, Friedrichs Ataxia, Diverse carers, Dystonia and Tardive Dyskinesia www.neurokey.co.uk
- Improved recognition and inclusion of parent, elderly or kinship carers for any neurological condition in the 2021-26 South Tees Carers Strategy - <https://wecareyoucare.info/professionals/south-tees-carers-forum>
- A programme of work from publishing; *'Finding Meaning and Purpose: A Framework for the self-management of Neurological Conditions'* (Kilinc, Erdem, Healey and Cole) Disability and Rehabilitation Journal - May 2021
- My Life Tool - <http://www.mylifetool.co.uk/>
- Shepherdson., N, Jervis, V., Trent, M., 2024 - *An Autistic Anthology: Neuro-Narratives of Mental Health Professionals*: KDP – 25% of sales to Neuro Key
- Recognising people with lived experience credited in research <https://arc-nenc.nih.gov/resources/the-peer-researchers-backpack/> - January 2025
- Practical Health Psychology - Translating research to practice, one blog post at a time August 2025, published in 25 languages.
<https://practicalhealthpsychology.com/2025/08/mylifetool-a-person-centred-holistic-approach-to-the-self-management-of-long-term-conditions/>
- Excellence in Health Creation Alliance Awards - October 2025:
 "Best health creating grassroots approach to reducing the impact of long-term conditions" - Runner up - My Life Tool - partners Neuro Key and Teesside University
- Neuro Key and Teesside University presented *'Mixed methods evaluation of My Life Tool: Preventive Self-Management Intervention for People with Long-Term Conditions'* at the national 'Prevention Research Conference' - Birmingham 5th March 2026
- Co-producing Research with Community Members: Case Studies from Health, Social Care and Education - Professor Dorothy Newbury-Birch
CHAPTER 13: Embedding authenticity in peer research Joyce J, Fitzgerald, Chalkley R, Williams G, Wilson J, Cole J, Kilinc S - to be published Sept 2026